

Thank you, Gabriel, for such a wonderful meditation and the start of tonight's session. We are always appreciative of your sharing your wisdom with us on these sessions. Again, thank you!

Now, let's do a little review of our last session. If you remember, we first discussed the huge amount of energy that was given to us by the Collective Consciousness. As a matter of fact, it took two sessions to cover it all. These energies affect your physical body as well as your consciousness and energy field. This brought us a new conscious awareness that helps us understand that nothing is outside of us. It also assists us to begin to remember ourselves as the Divine Image. We also spoke about the mental/emotional body and how it has started the Ascension of its consciousness, so that it can be the interface between all bodies and levels of our physical expression.

After that, we discussed how the 14-chakra system was activated on 12-12-12. And we discussed in detail how all the chakras and the first three Triads fit together. This brought us right into the 4<sup>th</sup> Triad and how that fits with the first three. We also discussed how immense the spinning field of this Triad is, which of course alters the first three Triads. When it merges with the first three Triads, the impact on the physical body is extensive. It transforms our energy system. Lastly it begins the transformation of the 3<sup>rd</sup> dimensional physical body into a 5<sup>th</sup> dimensional physical body.

Now, the Lords of Light discussed some important concepts about that 4<sup>th</sup> Triad and the importance of your awareness of the 9<sup>th</sup> chakra. It is the access point where you have the state of consciousness that you are part of the Collective Consciousness of the Lords of Light, the Elohim, the Archangels, and the Ascended Masters. They are not above you or outside of you. For those who attended the 12-12-12 session in Scottsdale, you may remember the statement that was made by Yeshua. And he said, "We are no longer above you or separate from you. We are shoulder to shoulder and Heart to Heart." That was one of the most significant things in my life.....

Now, the Lords of Light also discussed the OverSoul and the Christed OverSoul. There has been a descent of the OverSoul and Christed OverSoul into the body and the Unified Field. It is not above you any longer.

The 10<sup>th</sup> chakra holds a level of Source Mind . It allows the energetics of the Christed OverSoul to descend into the body and the Unified Field. This chakra provides the energetics and makes you conscious of your Collective nature and that you are the I AM Presence. This is an important step that we can now take.

[3:21] Because of the influence of the 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> dimensional templates that were retrieved last year, we have created stability and calmness in our consciousness as well as in our energy field. We are capable of holding and using the Element of Love with no judgment. A whole new state of being is now present within us.

WOW! What a great session!

Now, we would like to open our session to all of you to discuss what you have noticed and share your experiences. You can even ask questions of one another. That will make for an interesting conversation. And of course some of you have been using this format before. But just to make sure, let me just discuss the process.

And what we do is, we need to use it this way to help the discussions become useful. The first person to make a comment hits the \*6 and then makes the statement to open the subject. That person then stays on the line. The second person who would like to make a comment about that subject hits \*6 and then speaks. These two people can then continue a back and forth conversation, or the second caller can just mute themselves. Subsequent conversations can then continue just like the first subject. And, as different subjects come up, it doesn't really make any difference how many people are involved.

It's just important that we show the Lords of Light the mastery that we have gained in the last few years and it helps them understand what else they need to teach us.

So, we just wanted you to be aware of that background. And also remember that when you are off of mute, try to be real careful about any background noise, so that it doesn't affect everybody else who is listening.

Now, after we've had this open discussion, the Lords of Light would like to give you further information and take your questions. So, that will be another step in this process tonight.

So, now let's all take a deep breath and let's go and chat!